

Join the Social Action Committee

For more information or to join our committee contact St. James Office at 319.653.4504

Meeting Schedule

2nd Tuesday of each month. 11:30 a.m. lunch meeting.

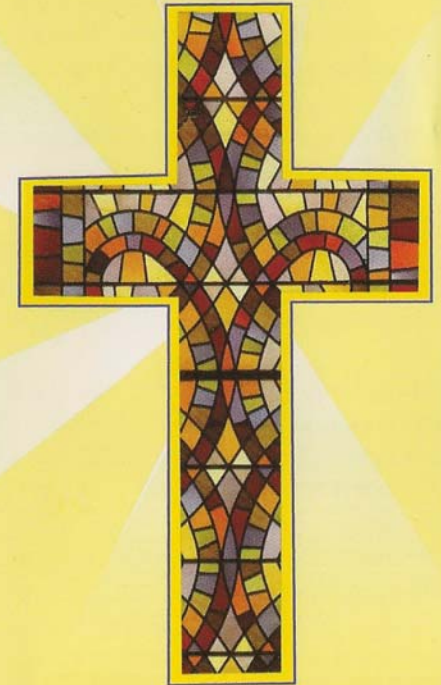
Why the Social Action Committee is a great volunteer opportunity:

We are committed to:

- **Helping Neighbors**
- **Building Community**
- **Fellowship**
- **Sense of Accomplishment**

Exploring together what our faith is calling us to do!

Social Action Committee Saint James Church



**St James Catholic Church
616 West 2nd
Washington, Iowa 52353
Phone: 319.653.4504**



Social Action Committee Supports:

SHARE

· SHARE is a Nonprofit food buying organization founded by a Deacon in Iowa in 1992 out of Oskaloosa, Iowa.

· No membership fee.

You can save up to 50% on food items.

You are asked to volunteer 2 hours per month to be eligible to purchase food. That's it!

Food is ordered the first week of the month and distributed from the Community Center (south side of the square) on 4th Saturday of the month.

Visit SHARE on line at: www.shareiowa.org

Important Information - HACAP ELIGIBILITY

Eligibility for many of the HACAP programs are linked to the annually updated Federal poverty guidelines.

In addition to household size and income, each program has specific criteria. For a detailed explanation of each program, contact one of HACAP's service centers or e-mail info@hacap.org

Low-Income Home Energy Assistance Program (LIHEAP) Guidelines



2nd Sunday is 'Caring and Sharing' Sunday

Food Collection - 2nd Sunday of each Month
Food collected will be donated to the HACAP Food Box Program

The following is a list of items needed to complete a Harvest Box for HACAP:

Cereals 2 boxes/bags

Fruits 4-6 Cans

Vegetables 8-12 Cans

Soup 4-6 Cans

Protein 4 servings

(peanut butter, tuna, dry beans, stew, mac/cheese)

Carbohydrates 4 servings

(rice, baking mix, instant potatoes, pasta)

Miscellaneous 4 servings

(crackers, candy, condiments)

Optional: \$10 Grocery Store Gift card (to be used for perishable items)

Funds from the 2nd collection will be used for the Friendship Emergency Fund

Washington HACAP Food Pantry Hours & Location
Old Main
2176 Lexington Blvd.
Washington, Iowa
8:30 a.m. to Noon
Monday - Friday

Social Action Committee

Social Action committee focuses on improving the community.

Listed below are some of our projects:

Furniture Collection and Repair

Norm Brooks Home Phone 319-658 5829 Call for information or pick up.

Jail Ministry Wednesdays 1 p.m.- 2p.m.

Contact Margaret Marie if interested

319-461-9668

'Recycled Boutique'

Clothing and school supply 'giveaway'.

Held in August to assist families prepare for the fall season.

Coats for Kids

Coats are collected in the fall through the end of October.

Christmas Giving Tree

Parish members are invited to adopt a family needing assistance with Christmas.

Meals on Wheels

The parish is responsible for delivering food one month per year.

